

Health Connection Wholefoods
Wholesale Price List and Order Form
August 2011

SUPPLEMENTS		ORDER
B040	5HTP Vegicaps 100mg (60)	
B031	Alpha Lipoic Acid Vegicaps 100mg (30)	
B027	Barley Grass Powder, organic 150g	
B032	Bilberry Vegicaps 500mg (60)	
B034	Calcium Magnesium Boron Citrate Vegicaps (90)	
B003	Calcium D Pantothenate 100mg (100) tablets	
B004	Co enzyme Q10 Vegicaps 50mg (30)	
B006	Dandelion Vegicaps 400mg (60)	
B007	Elderberry Vegicaps 400mg (60)	
B008	Ginkgo Biloba Vegicaps 400mg (60)	
B035	Glucomannan Vegicaps 500mg (200)	
B010	Guarana Vegicaps 400mg (60)	
B012	Herb N' Fibre Mix Powder 250g	
B011	HerbN' Fibre Mix Vegicaps 500mg (200)	
B042	Joint Care Formula (Glucosamine & Chondroitin) tablets (60)	
B013	L Glutamine Vegicaps 500mg (60)	
B0133	L-Glutamine Powder , 250g	
B014	L Lysine Vegicaps 500mg (60)	
B029	L Tyrosine Vegicaps 500mg (60)	
B039	Magnesium Citrate Tablets 200mg (120)	
B015	Milk Thistle Vegicaps 400mg (60)	
B016	MSM tablets 500mg (100)	
B017	Peppermint Vegicaps 250mg (60)	
B018	Psyllium Vegicaps 500mg (200)	
B030	Sutherlandia tablets 300mg (60)	
B024	Vitamin C Buffered Vegicaps 500mg (60)	
B025	Vitamin C Vegicaps with bioflavonoids 500mg(60)	
B019	Wheatgrass Powder, organic 150g	
B051	Spirulina Powder , 250g	

PROTEIN SUPPLEMENTS

M091	Just Protein (Soya Isolate) 500g	
M092	Just Protein (Soya Isolate) 750g	
M090	Just Whey 450g (Protein Concentrate)	
M093	Just Whey 750g (Protein Concentrate)	
M060	Whey Powder 500g	

SNACKS/ TRAIL MIXES

ORDER

DRIED FRUIT		ORDER
DF01	Apricots, unsulphured 250g	
DF20	Cranberries, sweetened 150g	
DF220	Cranberries, sweetened 250g	
DF21	Cranberries, sugar free 150g	
DF221	Cranberries, sugar free 250g	
DF22	Dates pitted 250g	
DF05	Dates pitted 500g	
DF06	Figs, unsulphured 250g	
DF032	Goji Berries 100g	
DF033	Goji Berries 250g	
DF034	Goji Berries 400g	
DF09	Peaches, unsulphured 250g	
DF10	Pears, unsulphured 250g	
DF12	Raisins, seedless 250g	
DF15	Raisins, seedless 500g	

NUTS

N012	Almonds 250g	
N005	Cashews, raw 100g	
N009	Pecan nuts 100g	
N013	Walnuts 100g	
N014	Mixed nuts 500g	

SEEDS

S001	Alfalfa 150g	
B050	Flaxseed Powder 500g	
S008	Linseed 500g	
S022	Linseed, golden 500g	
S009	Poppy Seed 100g	
S012	Pumpkin seed 200g	
S026	Pumpkin seed 400g	
S013	Sesame, unhulled 250g	
S014	Sesame, hulled 250g	
S017	Sunflower seeds 250g	
S016	Sunflower seeds 500g	
S018	Ultimate Seed Mix 250g	
S020	Ultimate Seed Mix 500g	
S023	Ultimate Seed Mix 750g	

SPICES

ORDER

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M019	Munch pack (peanuts, raisins, sunflower seeds) 250g	
M111	Edamame Beans 175g	
M097	Apple and Ginger Trail Mix 225g	
M098	Cranberry Trail Mix 225g	
M100	Goji Berry Trail Mix 225g	
M110	Edamames Trail Mix (peanut free) 225g	

GRAINS

G003	Barley, pearl 500g	
G008	Bulgar wheat 500g	
G009	Cous Cous 500g	
G011	Digestive Bran 500g	
G016	Kernels, wheat 500g	
G021	Muesli, wheat & sugar free 500g	
G022	Oat Bran 500g	
G024	Oats, rolled 500g	
G025	Oats, rolled 1Kg	
G029	Wheatgerm 250g	
G030	Wheatgerm 500g	

GLUTEN FREE GRAINS

G005	Basmati Rice, brown 500g **	
G034	Kasha (Dehusked Buckwheat) 500g	
G017	Millet, dehusked 500g	
G019	Muesli, gluten free & sugar free 500g	
G027	Polenta 500g	
B036	Psyllium Husks (Colon Cleanser) 150g	
B043	Psyllium Husks (Colon Cleanser) 350g	
G039	Puffed Brown Rice 200g	
F041	Quinoa, White 500g *NEW**	

LACTOSE FREE MILK POWDERS

M024	Oatmilk powder 100g	
M025	Oatmilk powder 500g	
M026	Oatmilk powder 1Kg	
M028	Quinoa milk powder, 100g	
M023	Quinoa milk powder, 500g	
M033	Rice milk powder 100g	
M032	Rice milk powder 500g	
M074	Rice milk powder 1Kg	

S003	Celery seed 100g	
S005	Fennel seed 100g	
S021	Fenugreek 100g	
S024	Cinnamon powder 100g	
S025	Turmeric 100g	

LEGUMES

L002	Black Eye Beans 500g **	
L003	Chickpeas 500g **	
L006	Lentils, large green 500g **	
L012	Mung Beans 250g **	
L014	Peanuts, raw 250gm**	
L015	Soya Beans 500g **	
L018	Sprout Pack 250g **	

CAFFEINE FREE HOT DRINKS

M128	Romi Cereal Coffee Powder 100g	
M012	Green tea, loose 100g	

FLOUR

F002	Barley Flour, stoneground 500g	
F009	Gluten Flour 500g	
F013	Oat Flour 500g	
F040	Rye Flour, fine 500g	
F016	Rye Flour, stoneground 500g	
F023	Wholewheat Flour, stoneground 1Kg	
F015	Wheat Free Flour, general purpose 500g	

GLUTEN FREE FLOUR

F004	Buckwheat Flour, stoneground 500g	
F038	Chickpea Flour 500g	
F017	Gluten Free Flour, general purpose 500g	
F031	Gluten Free Bread Mix 500g	
F012	Millet Flour, stoneground 500g	
F014	Potato Flour 500g	
F003	Rice Flour, brown 500g	
F022	Rice Flour, white 500g	
F018	Sorghum Meal, stoneground 500g	
F019	Soya Flour 500g	

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M049	Soya milk powder, 100g	
M050	Soya milk powder, 500g	
M051	Soya milk powder, 1Kg	
M075	Soya milk powder, carob 500g	
M082	Soya milk powder, strawberry 500g	
M062	Soya milk powder, low fat 500g	

SWEETENERS

M010	Fructose 500g	
M011	Fructose 1Kg	
M095	Stevia Liquid 150ml	
M054	Stevia powder 25g	
M114	Stevia, tablets 20mg (300)	
M142	Stevia, tablets 20mg (70) Pocket Dispenser	
M107	Xylitol 250g	
M106	Xylitol 500g	
M108	Xylitol 1kg	
M112	Xylitol 1.5kg	
M144	Xylitol 5g Sachets (Pack of 30)	
M145	Xylitol 5g Sachets (Pack of 100)	

SWEET BAKING AIDS

M004	Barley malt extract 500g	
M020	Molasses, blackstrap 500g	
M021	Molasses, high test 500g	
M007	Carob Chunks dairy free, 250g	
M008	Carob Powder, 200g	
M037	Crystallized Ginger, 250g	

BOTANICALS & NATURAL REMEDIES

M104	Mustard Bath 250g	
M103	Mustard Bath 500g	
B033	Tea Tree Oil 10ml	
B038	Tea Tree Oil 20ml	

F020	Tapioca Flour 500g	
F026	Yellow Maize Meal 1Kg **	

BAKING AIDS

M046	Arrowroot Powder 75g	
M001	Agar Agar Powder 50g	
M013	Guar Gum 50g	
M014	Healthy Baking Powder 500g	
M022	Natural Vanilla 25ml	
M045	Xanthan gum 50g	

MISCELLANEOUS

M002	Apple cider vinegar 500ml	
M003	Apricot Kernels 100g	
M122	Just Nuts peanut butter 400g - Crunchy	
M121	Just Nuts peanut butter 400g - Smooth	
M042	Soya Chunks 500g	
M044	Soya Mince 500g	
M052	Soya Lecithin granules 180g	
M053	Soya Lecithin granules 500g	
M055	Tahini 400g	
M153	Coconut Flakes 100g	

NATURAL SALTS & SEASONINGS

M146	Himalayan Rock Salt, fine 500g	
M147	Himalayan Rock Salt, coarse 500g	
M148	Himalayan Rock Salt, chunks 500g	
M017	Kelp Powder 250g	
M034	Salt substitute,shaker (Potassium Chloride)100g	
M038	Sea salt, hand harvested fine 500g	
M039	Sea salt, hand harvested coarse 500g	
M123	Sea salt, hand harvested seaweed 500g	
M057	Vegetable stock 250g	
M061	Vegetable stock, yeast free 200g	
M152	Yeast Flakes, nutritional 50g	

ORGANIC PRODUCTS

ORGANIC GRAINS

ORDER

ORGANIC DRIED FRUIT

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OG01	Barley Flakes, organic 500g	
OG10	Oats, flakes 500g	
OG31	Oats, flakes 1kg	
OG33	Rye Flakes, organic 500g	
OG14	Spelt Flakes, organic 250g	

GLUTEN FREE ORGANIC GRAINS

OG34	Amaranth, organic 250g	
OG02	Buckwheat Flakes, organic 250g	
OG07	Millet Flakes, organic 250g	
OG04	Millet, dehusked, organic 500g	
OG08	Polenta, organic 500g	
OG32	Quinoa Flakes, organic 500g	
OG05	Quinoa red , organic 250g	
OG06	Quinoa, red organic 500g	
OG18	Quinoa, white, organic 250g	
OG29	Quinoa, white, organic 500g	
OG35	Quinoa, white, organic 750g	
OG09	Rice Flakes, organic 250g	
OG30	Rice, Brown Basmati, Organic 500g	
OG25	Rice, brown, short grain, organic 500g **	

ORGANIC FLOUR

OF03	Oatflour, organic 500g	
OF17	Spelt Flour White organic 500g	
OF12	Spelt Flour, brown organic stoneground 500g	

GLUTEN FREE ORGANIC FLOUR

OF01	Buckwheat Flour, organic 500g	
OF18	Quinoa Flour, organic 500g	

ORGANIC MISCELLANEOUS

OM01	Apple cider vinegar, organic 250ml	
OM05	Cocoa Powder, organic 250g	
OM16	Tamari, organic 250ml	

PRODUCTS DISTRIBUTED BY HEALTH CONNECTION WHOLEFOODS

ODF08	Apples, organic 100g	
ODF06	Apricots, organic 150g	
ODF07	Dates, pitted organic 500g	
ODF02	Peaches, organic 150g	
ODF03	Pineapple organic 100g	
ODF01	Raisins organic 500g	

ORGANIC SEEDS

OS02	Golden linseed organic 250g	
OS07	Pumpkin seed organic 200g	
OS08	Sesame hulled organic 250g	
OS06	Sesame unhulled organic 250g	
OS03	Sunflower seeds organic 250g	
OS04	Sunflower seeds organic 500g	
OS10	Ultimate seed mix, organic 250g	

ORGANIC LEGUMES

OL01	Aduki Beans, organic 250g **	
OL08	Black beans organic 500g **	
OL02	Chickpeas, organic 500g **	
OL03	Kidney Beans, red, organic 500g **	
OL11	Lentils, green, organic 500g **	
OL04	Mung Beans, organic 250g **	
OL06	Soya Beans, organic 500g **	
OL09	Lentils Dupuy , organic 500g	

ORGANIC SWEETENERS & BAKING AIDS

OM028	Agave syrup, organic 250m	
OM029	Agave sugar, organic 250g	
OM17	Rice Syrup, organic 500g	
OM19	Rapadura sugar , organic 500g	
OM07	Brown Sugar organic 500g	
OM14	Carob Powder organic 200g	

NAIRNS

ON011	Oatcakes, Rough 10 x 300g	
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ORDER

NATUREFRESH

	Toothpaste Range	
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ON012	Oatcakes, Fine 12 x 250g	
ON013	Oatcakes, Organic 12 x 250g	
ON015	Oatcakes, Cheese 12 x 250g	
ON014	Oatcakes, Organic Herb & Pumpkin Seed 12x200g	
ON017	Wheat Free Biscuits, Mixed Berries 10 x 200g	
ON018	Wheat Free Biscuits, Stern Ginger 10 x 200g	
ON019	Wheat Free Biscuits, Fruit & Spice 10 x 200g	
ON023	Wheat Free Biscuits, Dark Chocolate Chip 8 x 200g	
<u>GLUTEN FREE NAIRNS</u>		
ON027	Nairn's Gluten Free Oatcakes 12 x 160g *NEW**	
ON024	Gluten Free Porridge Oats 6 x 450g **New**	
ON026	Nairn's Gluten Free Oat Muesli 6 x 450g *New**	

WC01	Woody Cape Chicory (20 Bags) 6 x 65g	
WC02	Woody Cape Chicory (60 Bags) 6 x 200g	

RECIPE BOOKS

NF10	Healthy Happy Eating Recipe Book	
M006	Nutribake Recipe book	

CREDE OILS COLD PRESSED

M143	Coconut Oil, 400ml Crede	
M072	Flax seed Oil 250ml Crede	
M130	Flax seed Oil 500ml Crede	

M018	Miso 140g	
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ANCIENT GRAIN

AG002	Ancient Grain Muffin Mix 350g (Wheat/gluten/yeast & dairy free)	
AG003	Ancient Grain Dairy Free Bread Mix 450g	
AG005	Ancient Grain Spelt & Honey Bread 400g	

NACHOS GRANDE

ORDER

NG05	Nachos Grande, mixed selection 100g x 20 (5 x Spicy tomato, 5 x Feta herb onion, 3 x Avocado lemon black pepper, 3 x Cajun BBQ, 2 x Paprika Cheese, 2 Plain Salted)	
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NF13	Aloe Gum Therapy Toothpaste 100ml	
NF14	Junior Forest Fruit Toothpaste 75ml	
NF04	Breath Buster 20ml	
NF08	Breath Buster Mouthwash 200ml	
NF15	Tooth Polish 100ml	
NF12	Herbal Tea Tree Toothpaste 100ml	
Skin And Bath Range		
NF30	Deodorant Body Wash 200ml	
NF33	First Aid Therapy Balm 75ml	
NF29	Sensitive Body Wash 200ml	
NF02	Aloe Skin Therapy Gel 100ml	
NF03	Bee Balm 80ml	
NF16	Pain Massage Gel 100ml	
NF23	Zit Zapper 20ml	
NF09	All Clear Bug Gel 100ml	
NF05	Calcuim Complex Powder 500ml	
NF01	Herp Ease 20ml	
NF049	Deo-Buster 80ml **NEW**	
Health Supplements		
NF06	Calcium Complex Tablets 100	
NF31	Pain Supplement (MSM & Vit C)	
NF24	Olive Leaf tablets (90) 500mg	
NF32	Olive Leaf/Calmag/Combi tablets, 90	
NF39	Megamax Capsules 50	
NF40	Megaslim Capsules 50	
NF047	Probiotic - 15 Liquid 200ml ***NEW**	
NF048	Probiotic - 15 Spray 200ml ***NEW***	
Personal Hygiene Range		
NF17	Personal Lubricant Fragrance Free 100ml	
NF19	Personal Lubricant Tea Tree 100ml	
NF18	Personal Lubricant Wild Rose 100ml	
NF21	Vaginal Cleanser, rooibos 200ml	
NF22	Vaginal Cleanser, tea tree 200ml	
Herbal Tincture Range		
NF27	Red Clover Tincture 50ml	

** Zero rated VAT item

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NATUROMED

NM01	Chamomile Teabags 20's	
NM06	Fennel Teabags 20's	
M078	Inka Cereal Coffee 100g	
NM13	Nettle Teabags 20's	
NM02	Peppermint Teabags 20's	
M131	Sezamki (27 Sesame Seed bars)	

NF26	Black Cohosh Tincture 50ml	
NF25	Agnus Castus Tincture 50ml	
NF35	Prostate Remedy 50ml	
NF28	Sweet Potato Tincture 50ml	
NF37	Olive Leaf Tincture 50ml	
NF38	Herbal Parasite Remedy	
NF41	Coleus Forskohlii Tincture 50ml	

M076	Meswak Toothpaste 100g	
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M067	Green teabags, 20	
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HONEY

OM100	Raw Fynbos Honey (Unheated, unfiltered) 500g (Glass bottle)	
OM101	Raw Citrus Honey 500g (Glass bottle)	
OM102	My Dad's Honey 500g (Squeeze bottle) **NEW**	

BIOWASHBALL

BIO001	Biowashball	
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TRADING TERMS AND CONDITIONS OF SALE

Office Hours:

Monday – Thursday: 8am – 5:00pm

Friday: 8am – 3:30pm

Contact Details

Wholesale orders - Leezaan:

Fax: (021) 701 0315 or 086 655Accounts:

Fax: (021) 701 031

Tel: (021) 701 6399

Tel: (021) 701 525

E-mail: orders@health-connection.co.za

E-mail: accounts@

Visit our website: www.health-connection.co.za

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Pricing

- Please note only retail or catering businesses qualify for wholesale prices.
- Prices are subject to change without notice, mainly due to fluctuating exchange rates
- Prices **exclude** VAT.
- ** Denotes a VAT zero rated item.

Payment Terms

- Please note all orders must be paid for and deposit slip sent through, before dispatch.
- No stock will be released on overdue accounts.

Banking details:

Account name: Health Connection Wholefoods (Pty) Ltd
Account Number: 10011313414
Bank: Investec Bank Limited
Branch: Grayston Drive Branch Code: 58 01 05

Cash deposits can be made at any ABSA branch. Please use extra blocks on deposit slip for Invoice number so we can trace deposits and process them to correct account.

Deliveries and Minimum Order Quantities

- Please allow 2-3 days for your order to be processed, plus 2-4 days for delivery, depending on location
- Minimum order for wholesale prices is **R600**.
- Cape Town deliveries will attract an automatic R30 delivery charge for all orders under **R750**. We deliver orders above R750.00 free of charge
- Please contact Leezaan Hyde on orders@health-connection.co.za to find out whether a delivery qualifies as a Cape Town delivery.
- Orders outside of Cape Town will be dispatched by courier, for the receivers account. We will include the courier cost on the invoice.

Goods Returned Policy

- Stoneground flours, maize meal and wheat germ must be stored in the refrigerator and we will not accept any liability for damages caused due to the goods not stored according to sto
- If the goods are damaged in transit, you need to inform us within 5 days of receipt of the goods. For any defect in the goods, you also need to inform us within 5 days of noticing the de
- In the case of damaged or defective goods, we may require you to return the goods to us at our cost for quality control purposes.
- If you want to cancel an order and return the goods in their original condition you may do so within 1 month of receiving the goods, Health Connection Wholefoods will charge you a 15
- We guarantee our goods to be free from defects for 6 months from date of delivery and will replace goods found to be contaminated within that period. However, the goods listed in an accordingly we can warrant against defects for a period of 2 months from date of delivery.
- Please note that the relevant invoice number must accompany any claim for credit.
- We do not accept expired stock back for any reason. **It is therefore your duty to ensure that you use the goods before the expiry date.**

Annexure "A" - Goods with a short shelf life

- Health Connection Wholefoods - Digestive Bran 500g, Wheatgerm 250g and 500g
- Ancient Grain - Muffin Mix 350g, Dairy Free Mix 450g, Spelt and Honey Bread 400g