

# Health Connection Wholefoods

WHOLESALE PRICELIST AND ORDER FORM  
JULY 2010

<u>BOTANICAL/SUPPLEMENTS</u>	<u>ORDER</u>
B040	5HTP Vegicaps 100mg (60)
B031	Alpha Lipoic Acid Vegicaps 100mg (30)
B027	Barley Grass Powder, organic 150g
B032	Bilberry Vegicaps 500mg (60)
B034	Calcium Magnesium Boron Citrate Vegicaps (90)
B003	Calcium D Pantothenate 100mg (100) tablets
B004	Co enzyme Q10 Vegicaps 50mg (30)
B006	Dandelion Vegicaps 400mg (60)
B007	Elderberry Vegicaps 400mg (60)
<b>B050</b>	<b>Flaxseed Powder 500g **NEW**</b>
B008	Ginkgo Biloba Vegicaps 400mg (60)
B035	Glucmannan Vegicaps 500mg (200)
B010	Guarana Vegicaps 400mg (60)
B012	Herb N' Fibre Mix Powder 250g
B011	HerbN' Fibre Mix Vegicaps 500mg ( 200 )
B042	Joint Care Formula (Glucosamine & Chondroitin) tablets (60)
B013	L. Glutamine Vegicaps 500mg (60)
B014	L. Lysine Vegicaps 500mg (60)
B029	L. Tyrosine Vegicaps 500mg (60)
B039	Magnesium Citrate Tablets 200mg (120)
B015	Milk Thistle Vegicaps 400mg (60)
B016	MSM tablets 500mg (100)
B017	Peppermint Vegicaps 250mg (60)
B036	Psyllium Husks 150g
B043	Psyllium Husks 350g
B018	Psyllium Vegicaps 500mg (200)
B030	Sutherlandia tablets 300mg (60)
B033	Tea Tree Oil 10ml
B038	Tea Tree Oil 20ml
B024	Vitamin C Buffered Vegicaps 500mg (60)
B025	Vitamin C Vegicaps with bioflavonoids 500mg(60)
B019	Wheatgrass Powder, organic 150g

## GRAINS

G003	Barley, pearl 500g
G004	Basmati Rice, white 500g
G005	Basmati Rice, brown 500g
G008	Bulgar wheat 500g
G009	Cous Cous 500g
G011	Digestive Bran 500g
G034	Kasha (Dehusked Buckwheat) 500g
G037	Kernels, rye 500g
G016	Kernels, wheat 500g
G017	Millet, dehusked 500g
G019	Muesli, gluten free & sugar free 500g
G021	Muesli, wheat & sugar free 500g
<b>G022</b>	<b>Oat Bran 500g ***NEW**</b>
G024	Oats, rolled 500g
G025	Oats, rolled 1Kg
G023	Oats, quick cooking 1 Kg
G027	Polenta 500g
G039	Puffed Brown Rice 200g
G007	Rice, brown, long grain (Health) 500g
G033	Rice, brown, long grain (Health) 1Kg
G006	Rice, brown, short grain 500g
G041	Rice, brown, short grain 1kg
G029	Wheatgerm 250g
G030	Wheatgerm 500g

<u>DRIED FRUIT</u>	<u>ORDER</u>
DF01	Apricots, unsulphured 250g
DF03	Banana chips 100g
DF20	Cranberries, sweetened 150g
DF21	Cranberries, sugar free 150g
DF22	Dates pitted 250g
DF05	Dates pitted 500g
DF06	Figs, unsulphured 250g
DF032	Goji Berries 100g
DF033	Goji Berries 250g **NEW**
DF07	Mango 100g
DF09	Peaches, unsulphured 250g
DF10	Pears, unsulphured 250g
DF12	Raisins, seedless 250g
DF15	Raisins, seedless 500g

## FLOUR

F002	Barley Flour, stoneground 500g
F004	Buckwheat Flour, stoneground 500g
F038	Chickpea Flour 500g
F009	Gluten Flour 500g
F017	Gluten Free Flour, general purpose 500g
<b>F031</b>	<b>Gluten Free Bread Mix 500g ***NEW**</b>
F012	Millet Flour, stoneground 500g
F013	Oat Flour 500g
F014	Potato Flour 500g
F003	Rice Flour, brown 500g
F022	Rice Flour, white 500g
F040	Rye Flour, fine 500g
F016	Rye Flour, stoneground 500g
F018	Sorghum Meal, stoneground 500g
F019	Soya Flour 500g
F020	Tapioca Flour 500g
F027	Unbleached Nutty Wheat Flour 1Kg
F023	Wholewheat Flour, stoneground 1Kg
F015	Wheat Free Flour, general purpose 500g
F026	Yellow Maize Meal 1Kg

## NON DAIRY BEVERAGES

M128	Cereal Coffee Powder (Rom) 100g
M012	Green tea, loose 100g
M067	Green teabags, 20
M024	Oatmilk powder 100g
M025	Oatmilk powder 500g
M026	Oatmilk powder 1Kg
M023	Quinoa milk powder, 500g
M033	Rice milk powder 100g
M032	Rice milk powder 500g
M074	Rice milk powder 1Kg
M040	Soy Cream (makes 250ml) 50g
M049	Soya milk powder, 100g
M050	Soya milk powder, 500g
M051	Soya milk powder, 1Kg
M075	Soya milk powder, carob 500g
M082	Soya milk powder, strawberry 500g
M062	Soya milk powder, low fat 500g

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## WHOLESALE PRICELIST AND ORDER FORM

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### LEGUMES

### ORDER

L002	Black Eye Beans 500g	
L003	Chickpeas 500g	
L006	Lentils, large green 500g	
L012	Mung Beans 250g	
L014	Peanuts, raw 250g	
L015	Soya Beans 500g	
L018	Sprout Pack 250g	

### SEEDS

S001	Alfalfa 150g	
S002	Aniseed 150g	
S004	Caraway Seed 150g	
S003	Celery seed 100g	
S005	Fennel seed 100g	
S021	Fenugreek 100g	
S007	Linseed 250g	
S008	Linseed 500g	
S022	Linseed, golden 500g	
S009	Poppy Seed 100g	
S011	Pumpkin seed 100g	
S012	Pumpkin seed 200g	
S013	Sesame, unhulled 250g	
S014	Sesame, hulled 250g	
S017	Sunflower seeds 250g	
S016	Sunflower seeds 500g	
S018	Ultimate Seed Mix 250g	
S020	Ultimate Seed Mix 500g	

### SWEET STUFF

M007	Carob Chunks dairy free, fructose 250g	
M008	Carob Powder, 200g	
M037	Crystallized Ginger, 250g ***NEW***	
M010	Fructose 500g	
M011	Fructose 1Kg	
M019	Munch pack (peanuts, raisins, sunflower seeds) 250g	
M020	Molasses, blackstrap 500g	
M021	Molasses, high test 500g	
M095	Stevia Liquid 150ml	
M054	Stevia powder 25g	
M114	Stevia, tablets 20mg (300)	
M142	Stevia, tablets 20mg (70) Pocket Dispenser	
M096	Trail Mix, luxury 250g (No Peanuts)	
M056	Trail mix, tropical 100g	
M029	Vegetarian jelly, blackcurrant 80g	
M063	Vegetarian jelly, orange 80g	
M070	Vegetarian jelly, raspberry 80g	
M071	Vegetarian jelly, strawberry 80g	
M107	Xylitol 250g	
M106	Xylitol 500g	
M108	Xylitol 1kg	
M144	Xylitol 5g Sachets (Pack of 30)	
M145	Xylitol 5g Sachets (Pack of 100)	

### NUTS

### ORDER

N001	Almonds 100g	
N012	Almonds 250g	
N002	Brazil nuts 100g	
N003	Cashew chips 200g	
N005	Cashews, raw 100g	
N006	Hazel nuts 100g	
N007	Macadamias 100g	
N008	Mixed nuts 100g	
N009	Pecan nuts 100g	
N010	Pine kernels 100g	
N011	Pistachio nuts 100g	
N013	Walnuts 100g	

### MISCELLANEOUS

M001	Agar Agar Powder 50g	
M002	Apple cider vinegar 500ml	
M003	Apricot Kernels 100g	
M046	Arrowroot Powder 75g	
M004	Barley malt extract 500g	
M005	Barley malt powder 200g	
M009	Curry Powder, non irritating 100g	
M013	Guar Gum 50g	
M014	Healthy Baking Powder 500g	
M146	Himalayan Rock Salt, fine 500g	
M147	Himalayan Rock Salt, coarse 500g	
M148	Himalayan Rock Salt, chunks 500g	
M122	Just Nuts crunchy peanut butter 410g	
M121	Just Nuts smooth peanut butter 410g	
M091	Just Protein (Soya Isolate) 500g	
M090	Just Whey 450g (Protein Concentrate)	
M017	Kelp Powder 250g	
M018	Miso 140g	
M104	Mustard Bath 250g	
M103	Mustard Bath 500g	
M022	Natural Vanilla 25ml	
M034	Salt substitute, shaker (Potassium Chloride) 100g	
M038	Sea salt, hand harvested fine 500g	
M039	Sea salt, hand harvested coarse 500g	
M123	Sea salt, hand harvested seaweed 500g	
M041	Soya Chunks 250g	
M042	Soya Chunks 500g	
M052	Soya Lecithin granules 180g	
M053	Soya Lecithin granules 500g	
M044	Soya mince 500g	
M055	Tahini 400g	
M057	Vegetable stock 250g	
M061	Vegetable stock, yeast free 200g	
M060	Whey Powder 500g	
M045	Xanthan gum 50g	

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## ORGANIC PRODUCTS

### ORGANIC FRUIT

### ORDER

ODF08	Apples, organic 100g ***NEW***	
ODF06	Apricots, organic 150g	
ODF04	Banana Chips organic 100g	
ODF07	Dates, pitted organic 500g	
ODF02	Peaches, organic 150g	
ODF03	Pineapple organic 100g	
ODF05	Prunes, organic 150g	
ODF01	Raisins organic 500g	

### ORGANIC LEGUMES

### ORDER

OL01	Aduki Beans, organic 250g	
OL08	Black beans organic 500g	
OL02	Chickpeas, organic 500g	
OL03	Kidney Beans, red, organic 500g	
OL11	Lentils, green, organic 500g	
OL04	Mung Beans, organic 250g	
OL06	Soya Beans, organic 500g	

### ORGANIC FLOURS

OF01	Buckwheat Flour, organic 500g	
OF03	Oatflour, organic 500g	
OF18	Quinoa Flour, organic 500g	
OF06	Rye Flour Stoneground, organic 500g	
OF17	Spelt Flour White organic 500g	
OF12	Spelt Flour, brown organic stoneground 500g	
OF13	Wholewheat Flour, organic 1Kg	

### ORGANIC MISCELLANEOUS

OM028	Agave syrup, organic 250m	
OM029	Agave sugar, organic 250g ***NEW***	
OM01	Apple cider vinegar, organic 250ml	
OM02	Apricot Kernels, organic 100g ***NEW***	
OM07	Brown Sugar organic 500g	
OM25	Black Peppercorns, organic 100g	
OM14	Carob Powder organic 200g	
OM18	Coffee ground arabica, organic 250g	
OM05	Cocoa Powder, organic 250g	
OM04	Pecans, organic, whole 100g	
OM17	Rice Syrup, organic 500g	
OM16	Tamari, organic 250ml	
OM03	Yeast Flakes, nutritional 50g	

### ORGANIC GRAINS

OG34	Amaranth, organic 250g	
OG01	Barley Flakes, organic 500g	
OG30	Basmati Rice brown organic 500g	
OG02	Buckwheat Flakes, organic 250g	
OG03	Cous Cous, organic 500g	
OG04	Millet, dehusked, organic 500g	
OG07	Millet Flakes, organic 250g	
OG28	Oats, quick cooking, organic 500g	
OG10	Oats, flakes 500g	
OG31	Oats, flakes 1kg	
OG08	Polenta, organic 500g	
OG32	Quinoa Flakes, organic 500g	
OG18	Quinoa, white, organic 250g	
OG29	Quinoa, white, organic 500g	
OG05	Quinoa red, organic 250g	
OG06	Quinoa, red organic 500g	
OG09	Rice Flakes, organic 250g	
OG26	Rice, brown, (health rice), organic 500g	
OG25	Rice, brown, short grain, organic 500g	
OG33	Rye Flakes, organic 500g	
OG14	Spelt Flakes, organic 250g	
OG15	Spelt Grain, organic 500g	

### ORGANIC SEEDS

OS02	Flaxseed golden organic 250g	
OS01	Linseed Brown organic 250g	
OS05	Pumpkin seed organic 100g	
OS07	Pumpkin seed organic 200g	
OS08	Sesame hulled organic 250g	
OS06	Sesame unhulled organic 250g	
OS03	Sunflower seeds organic 250g	
OS04	Sunflower seeds organic 500g	
OS10	Ultimate seed mix, organic 250g	

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PRODUCTS DISTRIBUTED BY HEALTH CONNECTION WHOLEFOODS

**CREDE OILS COLD PRESSED \*\*NEW\*\***

**ORDER**

M143	Coconut Oil, 400ml Crede	
M072	Flax seed Oil 250ml Crede	
M130	Flax seed Oil 500ml Crede	
<b>M149</b>	<b>6x250ml Bottles: Flax x 2, Organic Sesame, Grape Seed, Olive Oil, Omega Blend 3-6-9</b>	
<b>M150</b>	<b>12x250ml Bottles: Flax x 3, Organic Sesame x 2, Grape Seed x 2, Olive Oil x 2, Omega Blend 3-6-9, Organic Flax, Hemp</b>	

**NAIRNS**

ON011	Oatcakes, Rough 10 x 300g	
ON012	Oatcakes, Fine 12 x 250g	
ON013	Oatcakes, Organic 12 x 250g	
ON015	Oatcakes, Cheese 12 x 250g	
ON014	Oatcakes, Organic Herb & Pumpkin Seed 12x200g	
ON017	Wheat Free Biscuits, Mixed Berries 10 x 200g	
ON018	Wheat Free Biscuits, Stem Ginger 10 x 200g	
ON019	Wheat Free Biscuits, Fruit & Spice 10 x 200g	
<b>ON021</b>	<b>Dark Choc Chip Oat Biscuits Snack Pack 10x120g ***NEW***</b>	
<b>ON022</b>	<b>Mixed Berries Oat Biscuits Snack Pack 10x120g ***NEW***</b>	
<b>ON020</b>	<b>Nairns Biscuits Sample Size Packs 96x20g **NEW**</b>	

**ANCIENT GRAIN**

AG002	Ancient Grain Muffin Mix 350g (Wheat/gluten/yeast & dairy free)	
AG003	Ancient Grain Dairy Free Bread Mix 450g	
AG005	Ancient Grain Spelt & Honey Bread 400g	

**NACHOS GRANDE**

NG05	Nachos Grande, mixed selection 100g x 20 (5 x Spicy tomato, 5 x Feta herb onion, 3 x Avocado lemon black pepper, 3 x Cajun BBQ, 2 x Paprika Cheese, 2 Plain Salted)	
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**NATUROMED**

NM01	Chamomile Teabags 20's	
NM06	Fennel Teabags 20's	
M078	Inka Cereal Coffee 100g	
NM13	Nettle Teabags 20's	
NM02	Peppermint Teabags 20's	
M131	Sezamki (27 Sesame Seed bars)	

**HONEY**

<b>M099</b>	<b>Raw Honey (Nu-Life) 500g ***NEW***</b>	
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**ORDER**

WC01	Woody Cape Cereal Coffee (20 Bags) 12 x 65g	
WC02	Woody Cape Cereal Coffee (60 Bags) 6 x 200g	

**NATUREFRESH**

NF25	Agnus Castus Tincture 50ml	
NF09	All Clear Bug Gel 100ml	
NF13	Aloe Gum Therapy Toothpaste 100ml	
NF02	Aloe Skin Therapy Gel 100ml	
NF03	Bee Balm 80ml	
NF26	Black Cohosh Tincture 50ml	
NF04	Breath Buster 20ml	
NF08	Breath Buster Mouthwash 200ml	
NF41	Coleus Forskohlii Tincture 50ml	
NF06	Calcium Complex Tablets 100	
NF05	Calcium Complex Powder 500ml	
NF30	Deodorant Body Wash 200ml	
NF33	First Aid Therapy Balm 75ml	
NF38	Herbal Parasite Remedy	
NF12	Herbal Tea Tree Toothpaste 100ml	
NF01	Herp Ease 20ml	
NF14	Junior Forest Fruit Toothpaste 75ml	
NF39	Megamax Capsules 50	
NF40	Megaslim Capsules 50	
NF24	Olive Leaf tablets (90) 500mg	
NF37	Olive Leaf Tincture 50ml	
NF32	Olive Leaf/Calmag/Combi tablets, 90	
NF16	Pain Massage Gel 100ml	
NF31	Pain Supplement (MSM & Vit C)	
NF17	Personal Lubricant Fragrance Free 100ml	
NF19	Personal Lubricant Tea Tree 100ml	
NF18	Personal Lubricant Wild Rose 100ml	
NF35	Prostate Remedy 50ml	
NF27	Red Clover Tincture 50ml	
NF29	Sensitive Body Wash 200ml	
NF28	Sweet Potato Tincture 50ml	
NF15	Tooth Polish 100ml	
NF21	Vaginal Cleanser, rooibos 200ml	
NF22	Vaginal Cleanser, tea tree 200ml	
NF23	Zit Zapper 20ml	

<b>M076</b>	<b>Meswak Toothpaste 100g ***NEW***</b>	
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## AND CONDITIONS OF SALE

Please allow 2-3 days for your order to be processed, plus 2-4 days for delivery depending on location

### Office Hours:

Monday – Thursday: 8am – 5:00pm

Friday: 8am – 3:30pm

Visit our website: [www.health-connection.co.za](http://www.health-connection.co.za)

### 1. Wholesale orders - Leezaan:

Fax: (021) 701 0315 or 086 659 4525

Tel: (021) 701 6399

E-mail: [orders@health-connection.co.za](mailto:orders@health-connection.co.za)

### 2. Accounts - Angie:

Fax: (021) 701 0315 or 086 659 4525

Tel: (021) 701 5290

E-mail: [accounts@health-connection.co.za](mailto:accounts@health-connection.co.za)

3. Please note only retail or catering businesses qualify for wholesale prices.
4. Prices are subject to change without notice, mainly due to fluctuating exchange rates
5. Our minimum order for wholesale prices is **R600**.
6. Please note all orders must be paid for and deposit slip faxed through, before dispatch.
7. Orders outside of Cape Town will be dispatched by post or courier depending on weight for the receivers account.
8. Cape Town deliveries will attract an automatic R30 delivery charge for all orders under **R750**.
9. We recommend stoneground flours, maize meal and wheatgerm are stored in the refrigerator.
10. **No stock will be released on overdue accounts.**
11. Prices **exclude** VAT.
12. \* Denotes a zero rated item.

### 13. Banking details:

Account name: Health Connection Wholefoods (Pty) Ltd

Account Number: 10011313414

Bank: Investec Bank Limited

Branch: Grayston Drive Branch Code: 580105

Cash deposits at any ABSA branch, please use extra blocks on deposit slip for Invoice number so we can trace deposits.

### 14. Goods Returned

Breakages or discrepancies must be reported within **5 days** of receiving an order.

We do not accept any perishable goods older than **4 weeks** from date of dispatch

Goods returned in good order carry a **15% handling charge plus transport charges**

We guarantee our products for **1 month** from date of dispatch and will replace goods found to be contaminated within that period.

Please note that the relevant invoice number must accompany any claim for credit.

We do not accept expired stock.